



White Tiger Kenpo Jujits



Purple Belt

1. **Striking Mace:** *right punch*
2. **Crossing Talons ABC:** *cross arm wrist grab*
3. **Circling Elbow:** *rear bearhug*
4. **Locking Arm AB:** *hammerlock*
5. **The Blitz ABC:** *right punch*
6. **Spiraling Wrist ABC:** *rear bearhug*
7. **Crash of the Eagles Part II A-I:** *rear choke*
8. **Encircling Arms ABCD:** *tackle*
9. **Rising Elbow:** *rear bearhug*
10. **Guarding the Wall:** *right punch*
11. **Eagle Pin:** *two man attack Front and back*
12. **Striking Fang AB:** *right punch right side*
13. **Shackle Break ABC:** *double wrist grab rear*
14. **Drawbridge AB:** *right grab to shoulder*
15. **full Nelson:** *full nelson*
16. **Kung Fu Cross:** *left punch*
17. **Divided Swords AB:** *right punch*
18. **Gift:** *Handshake*
19. **Opening Cowl AB:** *rear two hand choke*
20. **Slicing Dragon:** *right punch*
21. **Ascending to Heaven:** *attack while sitting*
22. **Raising the Sword AB:** *handshake*
23. **Arm Hook AB:** *right punch*
24. **crossing the Sun ABC:** *right overhead club*
25. **Attack from the Temple AB:** *right punch*
26. **Bowing to Buddha AB:** *front snap while on knee*
27. **Dart:** *right or left jab*
28. **Covering Talon AB:** *two hand grab*
29. **Wing Break ABCD:** *left grab to shoulder*
30. **“U” Punch AB:** *two hand choke*

Short 2 Long 1